

# Medical Consultation Consent Form Runwise in Lakeland

Take care injury clinic Kentmere, The Crescent, Grange over sands Cumbria LA11 6AW [www.albmaleaf.co.uk](http://www.albmaleaf.co.uk) 015395 83592

Name		Age		Tel No	
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## Type of Treatment

<b>Sports Injury</b>	Have you ever had treatment before?	Yes		No	
<b>Sports Massage</b>	Have you ever had a sports massage?	Yes		No	
<b>Remedial Massage</b>	Have you ever had a remedial massage?	Yes		No	
<b>Massage with Essential Oils</b>	Have you ever had a massage with essential oils?	Yes		No	

<b>Running ability</b>	<b>10k etc.</b>				
<b>Any injuries</b>					
<b>How long have you been running</b>					
	<b>Date</b>				

## Dr Name & Address

<b>Any allergies</b>								
<b>Tel No</b>								
<b>Do you smoke?</b>	Yes		No					
<b>Alcohol Consumption</b>	High		Ave		Low		None	

## Drug Therapy Taken

### Do you suffer from:

<b>High blood pressure</b>	Yes		No	
<b>Low blood pressure</b>				
<b>Heart problems</b>				
<b>Varicose veins</b>				
<b>Haemophilia</b>				
<b>Diabetes</b>				
<b>Other (please state)</b>				

Do you need special consent by GP to attend Runwise in Lakeland running retreat, if yes state reason

Signature:

Date: